The Danger of Doing Nothing
(Let the Facts be Your Guide)

When normalcy is disrupted, how do you react? Some tend to retreat in fear or knee-jerk react to the danger. Others try to hide and wait it out. But the most successful are the ones who study the new reality and innovate to meet its challenges. Disruptions are nothing new. We have had storms, diseases, recessions, depressions, shortages, wars, and climatological challenges every few years for as long as we have been keeping records. If we do not learn how to act when things are disrupted, we will not know how to act quite often.

Instead of focusing on the problem, we need to focus on solutions and the opportunities those solutions can create. Scientists are striving to innovate new treatments and vaccines. Healthcare workers are striving to innovate ways to handle increased patient loads and still isolate the sick. Politicians are striving to find ways to save the economy while still slowing the spread of the disease. Others are simply hoarding toilet paper and waiting it out. While there is danger in doing the wrong thing, there is likely a greater danger in doing nothing.

It is human nature to like to have some control over our lives, and some sense of predictability. Right now, we may feel like we do not have either. It is okay to feel stress, anxiety, even worry and fear during a time of such unknowns.

COVID-19 is a crisis like no other most of us have ever lived through. It is true that most construction sites are still active. But with the daily changes, plus overall economic uncertainty, it is normal to have concern. Talk to your employer and ask them what they are projecting over the coming weeks and months. Follow all the new COVID-19 safety protocols established by your employer to keep you healthy and prevent the spread of the virus while you work. Equip yourself with facts, not hearsay as we all find the best ways to “weather this storm”. 
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**Items Discussed:**

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**Problem Areas or Concerns:**

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**Attendees:**

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**Comments:**

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